

IRIS'S CAFÉ

Every Thursday at 12:30 - \$7.50 per person, all luncheons include coffee & dessert, reservations required by Wednesday

- January 5 Chicken, butternut squash & apple stew, mixed green salad
- January 12 Turkey meatloaf with celery, onion and apples, mashed sweet potato, vegetable
- January 19 Baked salmon with orange maple syrup glaze, buttered egg noodles, vegetable
- January 26 Sweet & sour chicken, coconut rice with peas
- February 2 Pan seared pork tenderloin, mashed turnip & carrots, sautéed cabbage
- February 9 **VALENTINE'S DAY LUNCHEON** ~ Roast turkey breast, mashed potato, vegetable, chocolate cheesecake
- February 16 Chicken parmesan, pasta, green salad
- February 23 Baked cod with lemon caper sauce, rice pilaf, vegetable

IRIS'S SOUP TO GO

Prepared on Monday, packed to travel ~ \$4.00 pint

- January 4 Chicken with rice (*Wednesday*)
- January 9 Potato leek
- January 17 Beef & barley with mushroom (*Tuesday due to holiday*)
- January 23 Mixed vegetable w/lentils
- January 30 Chicken chili
- February 6 Italian turkey meatball
- February 13 White bean, tomato and sausage
- February 21 Chicken veggie w/couscous (*Tuesday due to holiday*)
- February 27 Corn chowder